

TCM ANTI-VIRAL THERAPY

USING WEN BING THEORY IN

THE TREATMENT OF MODERN EPIDEMICS

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INFLUENZA

1) Wind-Cold

Formula #1:

JING JIE FANG FENG TANG

| | | |
|--------------------------------|--------|----|
| Schizonepeta <i>Jing Jie</i> | 10 g. | BA |
| Ledebouriella <i>Fang Feng</i> | 10 | BA |
| Notopterygium <i>Qiang Huo</i> | 10 | BA |
| Bupleurum <i>Chai Hu</i> | 10 | BB |
| Peucedanum <i>Qian Hu</i> | 10 | CB |
| Perilla <i>Zi Su Ye</i> | 10 | BA |
| Platycodon <i>Jie Geng</i> | 10 | CA |
| Zingiberis <i>Sheng Jiang</i> | 3 pcs. | BA |

Modifications:

Severe headache

| | |
|----------------------------------|----|
| Angelica <i>Bai Zhi</i> | BA |
| Ligusticum <i>Chuan Xiong</i> or | K |
| Ligusticum <i>Gao Ben</i> | BA |

High fever

| | |
|--------------------------|----|
| Bupleurum <i>Chai Hu</i> | BB |
| Mentha <i>Bo He</i> | BB |

To reinforce dispersing the exterior of wind and damp:

| | |
|---------------------------------------------------|----|
| Angelica <i>Bai Zhi</i> | BA |
| Notopterygium <i>Qiang Huo</i> , increase dosage: | BA |

Sweating

| | |
|-------------------------|----|
| Pueraria <i>Ge Gen</i> | BB |
| Ephedra <i>Ma Huang</i> | BA |

Chest oppression

Aurantium Zhi Ke

G

Platycodon Jie Geng

CA

Formula #2:

SHEN ZHU SAN

Atractylodes Cang Zhu

50 g.

FB

Ligusticum Gao Ben

30

BA

Angelica Bai Zhi

30

BA

Asarum Xi Xin

30

BA

Notopterygium Qiang Huo

30

BA

Glycyrrhiza Zhi Gan Cao

30

AA

Grind into powder. Take 9 g. Add:

Zingiberis Sheng Jiang

3 slices

BA

Allium Cong Bai

3 g.

BA

Add to 150 ml of water. Decoct to 100 ml and drink.

2) INFLUENZA, WIND-HEAT

Formula #1:

YIN QIAO SAN, MODIFIED

Origin: Wu Jutang, 1798.

| | | |
|---------------------------------|--|----|
| Lonicera <i>Jin Yin Hua</i> | | DD |
| Forsythia <i>Lian Qiao</i> | | DD |
| Arctium <i>Niu Bang Zi</i> | | BB |
| Platycodon <i>Jie Geng</i> | | CA |
| Mentha <i>Bo He</i> | | BB |
| Glycine Soja <i>Dan Dou Chi</i> | | BB |
| Glycyrrhiza <i>Gan Cao</i> | | AA |
| Lophatherum <i>Dan Zhu Ye</i> | | DA |
| Schizonepeta <i>Jing Jie</i> | | BA |
| <i>Plus:</i> | | |
| Isatis <i>Ban Lan Gen</i> | | DD |
| Pueraria <i>Ge Gen</i> | | BB |
| Morus <i>Sang Ye</i> | | BB |
| Chrysanthemum <i>Ju Hua</i> | | BB |

Modifications:

High fever

| | | |
|-----------------------|----|----|
| Gypsum <i>Shi Gao</i> | 30 | DA |
|-----------------------|----|----|

Severe cough

| | | |
|---------------------------------|----|----|
| Fritillaria <i>Chuan Bei Mu</i> | 10 | CB |
|---------------------------------|----|----|

Severe sore throat

| | | |
|------------------------|----|----|
| Sophora <i>Ku Shen</i> | 10 | DB |
|------------------------|----|----|

| | | |
|-------------------------------|----|----|
| Scrophularia <i>Xuan Shen</i> | 10 | DC |
|-------------------------------|----|----|

Thirst

| | | |
|-----------------------------------|----|----|
| Trichosanthes <i>Tian Hua Fen</i> | 10 | AD |
|-----------------------------------|----|----|

| | | |
|------------------------|----|----|
| Pueraria <i>Ge Gen</i> | 10 | BB |
|------------------------|----|----|

Alternating fever and chills

| | | |
|--------------------------|----|----|
| Bupleurum <i>Chai Hu</i> | 12 | BB |
|--------------------------|----|----|

| | | |
|------------------------------|----|----|
| Scutellaria <i>Huang Qin</i> | 12 | DB |
|------------------------------|----|----|

Nausea

| | | |
|-------------------------|----|----|
| Pinellia <i>Ban Xia</i> | 12 | CA |
|-------------------------|----|----|

Chest oppression

| | | | |
|-------------------------------------|--------------------------------|----|----|
| | <i>Aurantium Zhi Ke</i> | 10 | G |
| | <i>Platycodon Jie Geng</i> | 10 | CA |
| Lung fire | | | |
| | <i>Belamcanda Shi Gan</i> | 12 | DD |
| | <i>Scutellaria Huang Qin</i> | 10 | DB |
| | <i>Gardenia Zhi Zi</i> | 10 | DA |
| Weak patients with profuse sweating | | | |
| | <i>Astragalus Huang Qi</i> | 15 | AA |
| Summer damp-heat | | | |
| | <i>Elsholtzia Xiang Ru</i> | 10 | DF |
| <i>Or add:</i> | <i>Huo Xiang Zheng Qi Tang</i> | | |

INFLUENZA FORMULAS FROM PROFESSOR LIANG SONGMING

School of Chinese Medicine, The Chinese University of Hong Kong

1. YIN JU SHI XING GAN MAO TANG

Disperse wind-heat, clear heat and resolve toxicity. It is used mainly for the prevention of influenza or for patients with early stage symptoms of flu.

| | | | |
|--|--------------------------------|-------|----|
| | <i>Lonicera Jin Yin Hua</i> | 15 g. | DD |
| | <i>Chrysanthemum Ye Ju Hua</i> | 15 | BB |
| | <i>Isatis Ban Lan Gen</i> | 30 | DD |
| | <i>Phragmites Lu Gen</i> | 24 | DA |
| | <i>Taraxacum Pu Gong Ying</i> | 15 | DD |
| | <i>Glycyrrhiza Gan Cao</i> | 6 | AA |

2. LU DOU GE GEN TANG

Clear heat and resolve toxicity, alleviate thirst by generating body fluids. Mainly for the prevention of influenza.

| | | | |
|--|---------------------------|-------|----|
| | <i>Isatis Ban Lan Gen</i> | 15 g. | DD |
| | <i>Pueraria Ge Gen</i> | 30 | BB |
| | <i>Phaseolus Lu Dou</i> | 30 | DF |

3. GONG YING GUAN ZHONG TANG

Clear heat and resolve toxicity; it is indicated for influenza patients with high fever.

| | | |
|-------------------------------|-------|----|
| <i>Isatis Ban Lan Gen</i> | 30 g. | DD |
| <i>Isatis Da Qing Ye</i> | 30 | DD |
| <i>Taraxacum Pu Gong Ying</i> | 30 | DD |
| <i>Dryopteris Guan Zhong</i> | 15 | O |

Influenza with high fever:

QING RE FANG

| | | |
|---------------------------------|-------|----|
| <i>Artemisia Qing Hao</i> | 30 g. | DE |
| <i>Taraxacum Pu Gong Ying</i> | 15 | DD |
| <i>Isatis Ban Lan Gen</i> | 15 | DD |
| <i>Chrysanthemum Ju Hua</i> | 15 | BB |
| <i>Lonicera Jin Yin Hua</i> | 15 | DD |
| <i>Lophatherum Dan Zhu Ye</i> | 10 | DA |
| <i>Glycine Soja Dan Dou Chi</i> | 10 | BB |

Promote qi, relieve toxins

GAN MAO HE JI

| | | |
|-------------------------------|-------|----|
| <i>Phragmites Lu Gen</i> | 40 g. | DA |
| <i>Isatis Ban Lan Gen</i> | 20-30 | DD |
| <i>Taraxacum Pu Gong Ying</i> | 30 | DD |
| <i>Polygonum Hu Zhang</i> | 15 | DD |
| <i>Scutellaria Huang Qin</i> | 15 | DB |
| <i>Forsythia Lian Qiao</i> | 12 | DD |
| <i>Platycodon Jie Geng</i> | 12 | CA |
| <i>Lonicera Jin Yin Hua</i> | 10 | DD |
| <i>Astragalus Huang Qi</i> | 10 | AA |
| <i>Glycyrrhiza Gan Cao</i> | 6 | AA |

CHINESE HERBAL PRODUCTS:*gan mao ling*

GAN MAO LING (K)

GAN MAO LING (PF/1B3-3)

GAN MAO LING FORMULA (GF)

zhong gan ling

ZHONG GAN LING (K)

ZHONG GAN LING FORMULA (GF)

ZHONG GAN LING (PF/1B3-14)

1B3-4

GANMAOLING TABLETS

United Pharmaceutical Manufactory; Guangzhou

gan mao ling pian • “Common Cold Effective-Remedy Tablets”

| | | |
|-----------------------------|--------|----|
| <i>Ilex Gang Mei Gen</i> | 34.3 % | DD |
| <i>Evodia San Cha Ku</i> | 21.7 | DD |
| <i>Vitex Huang Jing Cao</i> | 13.0 | BB |
| <i>Chrysanthemum Ju Hua</i> | 13.0 | BB |
| <i>Isatis Ban Lan Gen</i> | 13.0 | DD |
| <i>Lonicera Jin Yin Hua</i> | 4.8 | DD |
| <i>Mentha Bo He Nao</i> | 0.01 | BB |

1B3-14

ZHONG GAN LING**Plum Flower Brand***zhong gan ling* • “Heavy Cold Effective-Remedy”

| | | |
|--------------------------------|------|----|
| <i>Ilex Mao Dong Qing</i> | 27 % | DD |
| <i>Pueraria Ge Gen</i> | 27 | BB |
| <i>Verbena Ma Bian Cao</i> | 18 | K |
| <i>Isatis Ban Lan Gen</i> | 14 | DD |
| <i>Artemesia Qing Hao</i> | 7 | DE |
| <i>Gypsum Shi Gao</i> | 4 | DA |
| <i>Notopterygium Qiang Huo</i> | 3 | BA |

COLD AWAY

Health Concerns

Isatis Ban Lan Gen/Da Qing Ye
Lonicera Jin Yin Hua
Andrographis Chuan Xin Lian
Forsythia Lian Qiao
Scutellaria Huang Qin
Platycodon Jie Geng
Chrysanthemum Ye Ju Hua
Citrus Chen Pi
Angelica Bai Zhi
Magnolia Xin Yi
Xanthium Cang Er Zi
Glycyrrhiza Gan Cao

ILEX 15

Seven Forest

| | | |
|--------------------------------|------|----|
| <i>Ilex Mao Dong Qing</i> | 14 % | DD |
| <i>Lonicera Jin Yin Hua</i> | 9 | DD |
| <i>Forsythia Lian Qiao</i> | 7 | DD |
| <i>Isatis Ban Lan Gen</i> | 7 | DD |
| <i>Mentha Bo He</i> | 7 | BB |
| <i>Chrysanthemum Ju Hua</i> | 7 | BB |
| <i>Ardisia Zhu Sha Gen</i> | 7 | |
| <i>Platycodon Jie Geng</i> | 7 | CA |
| <i>Phragmites Lu Gen</i> | 6 | DA |
| <i>Schizonepeta Jing Jie</i> | 6 | BA |
| <i>Ledebouriella Fang Feng</i> | 5 | BA |
| <i>Notopterygium Qiang Huo</i> | 5 | BA |
| <i>Zingiberis Gan Jiang</i> | 5 | E |
| <i>Evodia Wu Zhu Yu</i> | 4 | E |
| <i>Glycyrrhiza Gan Cao</i> | 4 | AA |

COMMON COLD

1) Wind-Cold

JING FANG BAI DU SAN

Origin: Quan Li, 1119, and later Zhang Shiche, 1550 and Gong Tingxian, 1587.

| | |
|--------------------------------|-------|
| Ledebouriella <i>Fang Feng</i> | 8.5 % |
| Schizonepeta <i>Jing Jie</i> | 8.5 |
| Notopterygium <i>Qiang Huo</i> | 8.5 |
| Angelica <i>Du Huo</i> | 8.5 |
| Bupleurum <i>Chai Hu</i> | 8.5 |
| Peucedanum <i>Qian Hu</i> | 8.5 |
| Platycodon <i>Jie Geng</i> | 8.5 |
| Aurantium <i>Zhi Ke</i> | 8.5 |
| Ligusticum <i>Chuan Xiong</i> | 8.5 |
| Poria <i>Fu Ling</i> | 8.5 |
| Zingiberis <i>Sheng Jiang</i> | 8.5 |
| Glycyrrhiza <i>Gan Cao</i> | 4.0 |
| Mentha <i>Bo He</i> | 2.5 |

In cases where exterior cold is predominant, the prescription is modified to reinforce the cold dispersing actions. Add:

| | |
|---------------------------|--------|
| Ephedra <i>Ma Huang</i> | 6 g. |
| Cinnamomum <i>Gui Zhi</i> | 4.5 g. |

Available As:

DISPEL INVASION (K)
 RELEASE THE EXTERIOR TEAPILLS (PF/1A-6)
 SCHIZONEPETA & SILER FORMULA (EG)

REN SHEN BAI DU SAN WAN

“Ginseng Defeat Toxin Powder Pills”

Origin: Chen Shiwen et al, 1080 and later, Quan Li, 1119.

| | | |
|--------------------------------|------|----|
| Notopterygium <i>Qiang Huo</i> | 10 % | BA |
|--------------------------------|------|----|

| | | |
|--------------------------------|----|----|
| <i>Angelica Du Huo</i> | 10 | FA |
| <i>Ligusticum Chuan Xiong</i> | 10 | K |
| <i>Bupleurum Chai Hu</i> | 10 | BB |
| <i>Peucedanum Qian Hu</i> | 10 | CA |
| <i>Poria Fu Ling</i> | 10 | FC |
| <i>Citrus Aurantium Zhi Ke</i> | 10 | G |
| <i>Platycodon Jie Geng</i> | 10 | CA |
| <i>Mentha Bo He</i> | 5 | BB |
| <i>Ginseng Ren Shen</i> | 5 | AA |
| <i>Glycyrrhiza Gan Cao</i> | 5 | AA |
| <i>Zingiberis Sheng Jiang</i> | 5 | BA |

Available as:

- GINSENG AND MINT FORMULA (EG)
- GINSENG & MENTHA FORMULA (EG)
- RESILIENT WARRIOR TEAPILLS (PF) PM 1A-7

XIAO QING LONG TANG
MINOR BLUE DRAGON COMBINATION

Taiwan Extract Granule

Origin: Zhang Zhongjing, 220.

| | | |
|--------------------------------|--------|----|
| Pinellia <i>Ban Xia</i> | 14.8 % | CA |
| Ephedra <i>Ma Huang</i> | 14.8 | BA |
| Paeonia <i>Bai Shao</i> | 14.8 | AB |
| Zingiberis <i>Gan Jiang</i> | 14.8 | E |
| Glycyrrhiza <i>Zhi Gan Cao</i> | 14.8 | AA |
| Cinnamomum <i>Gui Zhi</i> | 14.8 | BA |
| Schisandra <i>Wu Wei Zi</i> | 5.6 | L |
| Asarum <i>Xi Xin</i> | 5.6 | BA |

Also Available As:

BLUE EARTH DRAGON (SF) *
 BLUE GREEN LUNG CLEARING FORMULA (K)
 MINOR BLUE DRAGON (HC)
 MINOR BLUE DRAGON TEAPILLS (PF/1A-5)
 MINOR BLUEGREEN DRAGON COMBINATION (EG)
 MINOR BLUEGREEN DRAGON FORMULA (GF)

1A-8

GE GEN WAN

KUDZU TEAPILLS

Plum Flower Brand

ge gen wan • “Pueraria Pills”

Origin: Zhang Zhongjing, 220.

| | | |
|-------------------------------|--------|----|
| Pueraria <i>Ge Gen</i> | 23.1 % | BB |
| Ephedra <i>Ma Huang</i> | 17.3 | BA |
| Zingiberis <i>Sheng Jiang</i> | 17.3 | BA |
| Cinnamomum <i>Gui Zhi</i> | 11.5 | BA |
| Paeonia <i>Bai Shao</i> | 11.5 | AB |
| Glycyrrhiza <i>Gan Cao</i> | 11.5 | AA |
| Zizyphus <i>Jujube Da Zao</i> | 7.8 | AA |

Also Available As:

KUDZU RELEASING FORMULA (K)

PUERARIA COMBINATION (EG)

PUERARIA FORMULA (GF)

2. INVASION OF WIND-HEAT

YIN QIAO SAN

"Lonicera and Forsythia Powder"

| | | |
|----------------------------------|-------------|----|
| Lonicera <i>Jin Yin Hua</i> | 9 g. | DD |
| Forsythia <i>Lian Qiao</i> | 9 | DD |
| Soja Glycine <i>Dan Dou Chi</i> | 5 | BB |
| Arctium <i>Niu Bang Zi</i> | 9 | BB |
| Mentha <i>Bo He</i> | 6 (abbrev.) | BB |
| Schizonepeta <i>Jing Jie Sui</i> | 5 (abbrev.) | BA |
| Platycodon <i>Jie Geng</i> | 6 | CA |
| Glycyrrhiza <i>Gan Cao</i> | 5 | AA |
| Phragmites <i>Lu Gen</i> | 9 | DA |
| Bambusa <i>Zhu Ye</i> | 5 | CB |

MODIFICATIONS

Severe headache:

| | | |
|-----------------------------|---|----|
| Morus <i>Sang Ye</i> | 9 | BB |
| Chrysanthemum <i>Ju Hua</i> | 9 | BB |

Cough with excessive phlegm,:

| | | |
|-------------------------------|-------------|----|
| Fritillaria <i>Zhe Bei Mu</i> | 9 | CB |
| Peucedanum <i>Qian Hu</i> | 9 | CB |
| Armeniaca <i>Xing Ren</i> | 9 (abbrev.) | CC |

For coughing with thick, yellow mucus:

| | | |
|---------------------------------|---|----|
| Scutellaria <i>Huang Qin</i> | 9 | DB |
| Anemarrhena <i>Zhi Mu</i> | 9 | DA |
| Trichosanthes <i>Gua Lou Pi</i> | 9 | CB |

For red, sore, swollen throat:

| | | |
|-------------------------------|----|----|
| Smilax <i>Tu Niu Xi</i> | 12 | DD |
| Scrophularia <i>Xuan Shen</i> | 9 | DC |

With epidemic heat toxin:

| | | |
|------------------------------|----|----|
| Isatis <i>Da Qing Ye</i> | 12 | DD |
| Taraxacum <i>Pu Gong Yin</i> | 9 | DD |

With wind-heat producing dryness which dehydrates body fluids:

| | | |
|-----------------------------------|----|----|
| Glehnia <i>Sha Shen</i> | 12 | AD |
| Trichosanthes <i>Tian Hua Fen</i> | 12 | AD |
| Pear skin <i>Li Pi</i> | 6 | |

yin qiao san

INITIAL DEFENSE (K) *
 LONICERA COMPLEX (EC) *
 YIN CHIAO (PF/1B2-2)
 YIN CHIAO FORMULA (GF)
 YIN CHIAO JIN (HC)
 YIN CHIAO JUNIOR (HC)
 YIN QIAO (K)
 YIN QIAO JIE DU PIAN (PMF)
 YIN QIAO JIE DU WAN (MS)
 YIN QIAO JIE DU WAN (HONEY SUCKLE DETOX PILL) (BE/1B2-7)
 YIN QIAO JIE DU WAN (HT/1B2-4)

SANG CHU YIN PIEN

Tianjin Drug Manufactory; Tianjin

sang ju yin pian • "Morus, Chrysanthemum Decoction Tablets"

| | | |
|----------------------------------|--------|----|
| Morus <i>Sang Ye</i> | 19.9 % | BB |
| Platycodon <i>Jie Geng</i> | 15.9 | CA |
| Prunus <i>Armeniaca Xing Ren</i> | 15.9 | CC |
| Phragmites <i>Lu Gen</i> | 15.9 | DA |
| Forsythia <i>Lian Qiao</i> | 11.9 | DD |
| Chrysanthemum <i>Ju Hua</i> | 7.9 | BB |
| Mentha <i>Bo He</i> | 6.3 | BA |
| Glycyrrhiza <i>Gan Cao</i> | 6.3 | AA |

Also Available As:

CLEAR WIND-HEAT TEAPILLS (PF/1B1-4)
 MORUS & CHRYSANTHEMUM COMBINATION (EG)

SANG JU YIN WAN (HT/1B1-5)

1B1-9

FANG FENG TONG SHENG WAN
Ledebouriella Sagely Unblocks Teapills

Plum Flower Brand

fang feng tong sheng wan • "Ledebouriella Opened (by the) Sage Decoction"

Origin: Liu Wansu, 1172.

| | | |
|---------------------------------|--------|----|
| Forsythia <i>Lian Qiao</i> | 12.0 % | DD |
| Ledebouriella <i>Fang Feng</i> | 9.5 | BA |
| Schizonepeta <i>Jing Jie</i> | 9.5 | BA |
| Mirabilite <i>Mang Xiao</i> | 9.5 | PB |
| Gardenia <i>Zhi Zi</i> | 9.5 | DA |
| Scutellaria <i>Huang Qin</i> | 9.5 | DB |
| Angelica <i>Dang Gui</i> | 9.5 | AB |
| Ligusticum <i>Chuan Xiong</i> | 6.3 | K |
| Atractylodes <i>Bai Zhu</i> | 6.3 | AA |
| Platycodon <i>Jie Geng</i> | 6.3 | CA |
| Glycyrrhiza <i>Gan Cao</i> | 5.7 | AA |
| Rheum <i>Jiu Zheng Da Huang</i> | 3.2 | PA |
| Mentha <i>Bo He</i> | 3.2 | |

Also Available As:

SILER & PLATYCODON FORMULA (EG)

CHAI GE JIE JI WAN

Herbal Times Brand

chai ge jie ji wan • "Bupleurum, Pueraria Resolve Muscle Pills"

Origin: Tao Hua, 1445.

| | | |
|--------------------------|------|----|
| Pueraria <i>Ge Gen</i> | 20 % | BB |
| Bupleurum <i>Chai Hu</i> | 16 | BB |
| Angelica <i>Bai Zhi</i> | 11 | BA |

| | | |
|--------------------------------|----|----|
| <i>Paeonia Bai Shao</i> | 11 | AB |
| <i>Scutellaria Huang Qin</i> | 11 | DB |
| <i>Notopterygium Qiang Huo</i> | 11 | BA |
| <i>Zizyphus Jujube Da Zao</i> | 5 | AA |
| <i>Zingiberis Sheng Jiang</i> | 5 | BA |
| <i>Glycyrrhiza Gan Cao</i> | 5 | AA |
| <i>Platycodon Jie Geng</i> | 5 | CA |

Also Available As:

BUPLEURUM & PUERARIA COMBINATION (EG)

JING JIE LIAN QIAO TANG Schizonepeta & Forsythia Combination

Taiwan Extract Granule

| | | |
|--------------------------------|-------|----|
| <i>Schizonepeta Jing Jie</i> | 7.8 % | BA |
| <i>Forsythia Lian Qiao</i> | 7.8 | DD |
| <i>Ledebouriella Fang Feng</i> | 7.8 | BA |
| <i>Angelica Dang Gui</i> | 7.8 | AB |
| <i>Ligusticum Chuan Xiong</i> | 7.8 | K |
| <i>Paeonia Bai Shao</i> | 7.8 | AB |
| <i>Bupleurum Chai Hu</i> | 7.8 | BB |
| <i>Scutellaria Huang Qin</i> | 7.8 | DB |
| <i>Aurantium Zhi Ke</i> | 7.8 | G |
| <i>Gardenia Zhi Zi</i> | 7.8 | DA |
| <i>Angelica Bai Zhi</i> | 7.8 | BA |
| <i>Platycodon Jie Geng</i> | 7.8 | CA |
| <i>Glycyrrhiza Gan Cao</i> | 6.4 | AA |

WIND-HEAT - FOLK REMEDY

| | |
|-----------------------------------------|-----------|
| <i>Morus Sang Ye</i> | BB |
| <i>Isatis Ban Lan Gen or Da Qing Ye</i> | DD |
| <i>Chrysanthemum Ju Hua</i> | <u>BB</u> |

1B1-1

GAN MAO LING WAN

Herbal Times Brand

gan mao ling wan • "Common Cold Effective-Remedy Pills"

| | | |
|-----------------------------|------|----|
| <i>Pueraria Ge Gen</i> | 20 % | BB |
| <i>Isatis Da Qing Ye</i> | 14 | DD |
| <i>Mentha Bo He</i> | 11 | BB |
| <i>Chrysanthemum Ju Hua</i> | 10 | BB |
| <i>Armeniaca Xing Ren</i> | 10 | CC |
| <i>Forsythia Lian Qiao</i> | 10 | DD |
| <i>Platycodon Jie Geng</i> | 10 | CA |
| <i>Peucedanum Qian Hu</i> | 10 | CA |
| <i>Glycyrrhiza Gan Cao</i> | 5 | AA |

OTHER PATENT MEDICINES*gan mao ling*(See *Influenza, Wind-Heat*)

GAN MAO LING (K)

GAN MAO LING (PF/1B3-3)

GAN MAO LING FORMULA (GF)

zhong gan ling(See *Influenza, Wind-Heat*)

ZHONG GAN LING (K)

ZHONG GAN LING FORMULA (GF)

ZHONG GAN LING (PF/1B3-14)

CHRYSANTHEMUM 9 (SF)

COLD AWAY (HC)

GAN MAO CHONG JI

FORSYTHIA 18 (SF)

ILEX 15 (SF)

LONICERA COMPLEX (EC)

PURGE HEAT (CMS)

WIND BREAKER (CMS)

VIRAL COUGH

1) WIND-HEAT

sang ju yin

(See WIND-HEAT COMMON COLD, Above)

CLEAR WIND-HEAT TEAPILLS (PF/1B1-4)

MORUS & CHRYSANTHEMUM COMBINATION (EG)

SANG JU YIN WAN (HT/1B1-5)

2) LUNG FIRE (Painful Barking Cough)

huang lian shang qing pian

HUANG LIAN SHANG QING WAN (BE/2B2-5)

HUANG LIEN SHANG CHING PIEN (PF/2B2-3)

COPTIS, PHELLODENDRON & MINT FORMULA (EG)

2B2-5

HUANG LIAN SHANG QING WAN
(CLEAR UPPER FIRE PILL)

Bio Essence Brand

huang lian shang qing wan • “Coptis Upper Clearing Pills”

| | | |
|-------------------------------|--------|----|
| Gardenia <i>Zhi Zi</i> | 12.8 % | DA |
| Forsythia <i>Lian Qiao</i> | 12.8 | DD |
| Schizonepeta <i>Jing Jie</i> | 12.8 | BA |
| Scrophularia <i>Xuan Shen</i> | 12.8 | DC |
| Scutellaria <i>Huang Qin</i> | 12.8 | DB |
| Chrysanthemum <i>Ju Hua</i> | 12.8 | BB |
| Mentha <i>Bo He</i> | 12.8 | BB |
| Rheum <i>Da Huang</i> | 6.4 | PA |
| Coptis <i>Huang Lian</i> | 3.9 | DB |

qing fei yi huo pian

CHING FEI YI HUO TABLETS (PF/3B-2)

QING FEI CLEARING FORMULA (K)

qing zao jiu fei wan

QING ZAO JIU FEI WAN (HT/3B-6)

ERIOBOTRYA & OPHIOPOGON COMBINATION (EG)

3B-6

QING ZAO JIU FEI WAN**Herbal Times***qing zao jiu fei wan* • “Clear Dryness, Restore Lung Pills”**Origin:** Yu Chang, 1658.

| | | |
|--------------------------------|--------|----|
| Gypsum <i>Shi Gao</i> | 19.1 % | DA |
| Ophiopogon <i>Mai Men Dong</i> | 11.5 | AD |
| Eriobotrya <i>Pi Pa Ye</i> | 11.5 | CC |
| Ginseng <i>Ren Shen</i> | 11.5 | AA |
| Equus Asinum <i>E Jiao</i> | 11.5 | AB |
| Morus <i>Sang Ye</i> | 11.5 | BB |
| Armeniaca <i>Xing Ren</i> | 7.8 | CC |
| Glycyrrhiza <i>Gan Cao</i> | 7.8 | AA |
| Linum <i>Hu Ma Ren</i> | 7.8 | PB |

BELAMCANDA 15**Seven Forest**

| | | |
|----------------------------------|----|----|
| Belamcanda <i>She Gan</i> | 8% | DD |
| Houttuynia <i>Yu Xing Cao</i> | 8 | DD |
| Selaginella <i>Shi Shang Bai</i> | 8 | K |
| Phragmites <i>Lu Gen</i> | 7 | DA |
| Armeniaca <i>Xing Ren</i> | 7 | CC |
| Morus <i>Sang Ye</i> | 7 | BB |
| Bambusa <i>Zhu Li</i> | 7 | CB |
| Platycodon <i>Jie Geng</i> | 7 | CA |
| Stemona <i>Bai Bu</i> | 7 | CC |
| Ophiopogon <i>Mai Men Dong</i> | 6 | AD |
| Fritillaria <i>Zhe Bei Mu</i> | 6 | CB |
| Arctium <i>Niu Bang Zi</i> | 6 | BB |
| Cynanchum <i>Bai Qian</i> | 6 | CA |
| Zingiberis <i>Gan Jiang</i> | 5 | E |
| Glycyrrhiza <i>Gan Cao</i> | 5 | AA |

3) LUNG PHLEGM HEAT (Acute Productive Cough)

qing qi hua tan wan

CLEAN AIR TEAPILLS (PF/3C1-3)
 PINELLIA & SCUTE FORMULA (EG)
 PINELLIA PHLEGM DISPERSING FORMULA (K)
 PINELLIA ROOT TEAPILLS (MS/3C1-1)
 QING QI HUA TAN WAN (BE/3C1-5)
 QING QI HUA TAN WAN (HT/3C1-4)

QING QI HUA TAN WAN

Herbal Times (3C1-4)

qing qi hua tan wan • “Clear Qi, Transform Phlegm Pills”

Origin: Wu Kun, 1584, and later, Zhang Jiebin, 1624.

| | | |
|----------------------------------|------|----|
| Pinellia <i>Ban Xia</i> | 15 % | CA |
| Arisaema <i>Dan Nan Xing</i> | 15 | CB |
| Scutellaria <i>Huang Qin</i> | 10 | DB |
| Trichosanthes <i>Gua Lou Ren</i> | 10 | CB |
| Citrus <i>Chen Pi</i> | 10 | G |
| Zingiberis <i>Sheng Jiang</i> | 10 | BA |
| Armeniaca <i>Xing Ren</i> | 10 | CC |
| Poria <i>Fu Ling</i> | 10 | FC |
| Citrus Aurantium <i>Zhi Shi</i> | 10 | G |

ning sou wan

FRITILLARIA & PLATYCODON FORMULA (EG)
 QUIET COUGH TEAPILLS (PF/3C1-7)

NING SOU WAN

Fritillaria & Platycodon Formula

Taiwan Extract Granule

| | | |
|----------------------------|--------|----|
| Platycodon <i>Jie Geng</i> | 10.5 % | CA |
| Dendrobium <i>Shi Hu</i> | 10.5 | AD |
| Pinellia <i>Ban Xia</i> | 10.5 | CA |

| | | |
|----------------------------------|------|----|
| <i>Fritillaria Zhe Bei Mu</i> | 10.5 | CB |
| <i>Perilla Su Zi</i> | 10.5 | CC |
| <i>Poria Fu Ling</i> | 10.5 | FC |
| <i>Mentha Bo He</i> | 7.9 | BB |
| <i>Prunus Armeniaca Xing Ren</i> | 7.9 | CC |
| <i>Morus Sang Bai Pi</i> | 7.9 | CC |
| <i>Citrus Ju Hong</i> 5.3 | G | |
| <i>Oryza Gu Ya</i> | 5.3 | H |
| <i>Glycyrrhiza Gan Cao</i> | 2.7 | AA |

TRICHOSANTHES FRUIT TABLETS

Seven Forest

| | | |
|------------------------------------|----|----|
| <i>Trichosanthes Gua Lou</i> 32 % | CB | |
| <i>Fritillaria Chuan Bei Mu</i> 16 | CB | |
| <i>Platycodon Jie Geng</i> | 12 | CA |
| <i>Scutellaria Huang Qin</i> | 12 | DB |
| <i>Polygala Yuan Zhi</i> | 10 | N |
| <i>Citrus Chen Pi</i> | 10 | G |
| <i>Glycyrrhiza Gan Cao</i> | 8 | AA |

Other Chinese Herbal Products:

CHEST RELIEF (PEDIATRIC FORMULA) (CMS)
DISPEL COUGH (K)
HARMONIZE HEART & LUNG (CMS)
HARMONIZE LUNG & LIVER (CMS)
HSIAO KEH CHUAN (PM/3C1-14)
PINELLIA XPT (EC)
RESPITROL-HEAT (EC)
RHODIOLA 8 (SF)
TRICHOSANTHES FRUIT TABLETS (SF)

COUGH SYRUPS

FRITILLARIA AND PINELLIA SYRUP (GF)
LOQUAT & FRITILLARY EXTRACT (PM/3F-3)

YANG YIN CHING FEI TANG JIANG (PM/3F-1)

HSIAO KEH CHUAN: SPECIAL MEDICINE (PM/3F-12)

3F-1

YANG YIN CHING FEI TANG JIANG

Tientsin Drug Manufactory; Tianjin

yang yin qing fei tang jiang • “Support Yin, Clear Lung Decoction Thick-Syrup”

Origin: Zheng Meirun, 1838.

| | | |
|---------------------------------|--------|----|
| <i>Rehmannia Sheng Di Huang</i> | 26.3 % | DC |
| <i>Scrophularia Xuan Shen</i> | 21.0 | DC |
| <i>Ophiopogon Mai Men Dong</i> | 15.8 | AD |
| <i>Moutan Mu Dan Pi</i> | 10.5 | DC |
| <i>Fritillaria Chuan Bei Mu</i> | 10.5 | CB |
| <i>Paeonia Bai Shao</i> | 10.5 | AB |
| <i>Glycyrrhiza Gan Cao</i> | 5.3 | AA |
| <i>Menthol Bo He Nao</i> | 0.1 | BB |

3F-12

HSIAO KEH CHUAN: SPECIAL MEDICINE FOR BRONCHITIS

Harbin Second Chinese Medicine Factory; Harbin

xiao ke chuan zhuan zhi qi guan yan

“Disperse Cough, Asthma Specific Treat Bronchitis”

| | | |
|-----------------------------------|-------|----|
| <i>Rhododendron Man Shan Hong</i> | 100 % | CB |
| <i>Sugar</i> | | |
| <i>Distilled water</i> | | |

Also available in capsule form.

THROAT

CHUAN XIN LIAN

COMPOUND WATERMELON FROST

pu ji xiao du yin wan

PU JI XIAO DU WAN (HT/1B3-1)

SCUTE & CIMICIFUGA COMBINATION (EG)
UNIVERSAL BENEFIT TEAPILLS (PF/1B3-2)
SCROPHULARIA 12 (SF)

2B3-2

COMPOUND WATERMELON FROST

Guilin Chinese Medicine Factory; Guangxi

fu fang xi gua shuang • “Medicinal Compound Watermelon Frost”

Origin: Gu Shicheng, 17th century.

| | | |
|---------------------------------|------|----|
| <i>Citrullus Xi Gua Shuang</i> | 50 % | DB |
| <i>Fritillaria Chuan Bei Mu</i> | 15 | CB |
| <i>Borneol Mei Pian</i> | 10 | R |
| <i>Sophora Shan Dou Gen</i> | 5 | DD |
| <i>Belamcanda She Gan</i> | 5 | DD |
| <i>Indigo Qing Dai</i> | 5 | DD |
| <i>Glycyrrhiza Gan Cao</i> | 5 | AA |
| <i>Menthol Bo He Nao</i> | 5 | BB |

1B3-1

PU JI XIAO DU WAN

Herbal Times Brand

pu ji xiao du yin wan • “Universal Benefit Disperse Toxin Cool-Decoction Pills”*Origin:* Luo Tianyi, Yuan Dynasty (1271-1368).

| | | |
|-------------------------------|--------|----|
| <i>Forsythia Lian Qiao</i> | 11.4 % | DD |
| <i>Platycodon Jie Geng</i> | 8.6 | CA |
| <i>Bupleurum Chai Hu</i> | 8.6 | BB |
| <i>Isatis Ban Lan Gen</i> | 8.6 | DD |
| <i>Lasiosphaera Ma Bo</i> | 8.6 | DD |
| <i>Scrophularia Xuan Shen</i> | 8.6 | DC |
| <i>Arctium Niu Bang Zi</i> | 8.6 | BB |
| <i>Scutellaria Huang Qin</i> | 8.6 | DB |
| <i>Cimicifuga Sheng Ma</i> | 5.7 | BB |
| <i>Citrus Chen Pi</i> | 5.7 | G |
| <i>Mentha Bo He</i> | 5.7 | BB |
| <i>Coptis Huang Lian</i> | 5.7 | DB |
| <i>Glycyrrhiza Gan Cao</i> | 2.8 | AA |
| <i>Bombyx Jiang Can</i> | 2.8 | O |

HEPATITIS C**1) Stagnation of Liver Qi****Formula #1:****XIAO CHAI HU TANG WAN**

Minshan Brand, Lanzhou Foci Herb Factory; Lanzhou

xiao chai hu tang wan • “Minor Bupleurum Decoction Pills”

Origin: Zhang Zhongjing, 220.

| | | |
|-------------------------------|------|----|
| Bupleurum <i>Chai Hu</i> | 28 % | BB |
| Pinellia <i>Ban Xia</i> | 14 | CA |
| Codonopsis <i>Dang Shen</i> | 14 | AA |
| Scutellaria <i>Huang Qin</i> | 14 | DB |
| Zizyphus Jujube <i>Da Zao</i> | 14 | AA |
| Glycyrrhiza <i>Gan Cao</i> | 9 | AA |
| Zingiberis <i>Sheng Jiang</i> | 7 | BA |

Custom:

| | | |
|-------------------------------|-------|----|
| Bupleurum <i>Chai Hu</i> | 12 g. | BB |
| Pinellia <i>Ban Xia</i> | 9 | CA |
| Ginseng <i>Ren Shen</i> | 6 | AA |
| Scutellaria <i>Huang Qin</i> | 9 | DB |
| Zizyphus Jujube <i>Da Zao</i> | 4 | AA |
| Glycyrrhiza <i>Gan Cao</i> | 5 | AA |
| Zingiberis <i>Sheng Jiang</i> | 9 | BA |

Modifications:

Restlessness without nausea

| | | | |
|----------|------------------------------|----|----|
| Omit: | Pinellia <i>Ban Xia</i> | | |
| Increase | Ginseng <i>Ren Shen</i> | 9 | AA |
| Add: | Trichosanthes <i>Gua Lou</i> | 12 | CA |

Abdominal pain

| | | | |
|------|------------------------------|---|----|
| Omit | Scutellaria <i>Huang Qin</i> | | DB |
| Add: | Paeonia <i>Bai Shao</i> | 9 | AB |

Hypochondriac distension

| | | | |
|-------|-------------------------------|----|---|
| Omit: | Zizyphus Jujube <i>Da Zao</i> | | |
| Add: | Ostrea <i>Mu Li</i> | 12 | N |

Palpitation

| | | | |
|-------|------------------------------|----|----|
| Omit: | Scutellaria <i>Huang Qin</i> | | |
| Add: | Poria <i>Fu Ling</i> | 12 | FC |

xiao chai hu tang wan

CALM (EC) *

MINOR BUPLEURUM COMBINATION (EG)
 MINOR BUPLEURUM FORMULA (GF)
 MINOR BUPLEURUM FORMULATION (K)
 XIAO CHAI HU TANG WAN (BE/7A2-4)
 XIAO CHAI HU TANG WAN (HT/7A2-2)
 XIAO CHAI HU TANG WAN (MS/7A2-1)

FORMULA #2:

7A2-11

CHAI HU SHU GAN WAN

Herbal Times

chai hu shu gan wan • “Bupleurum Dredge Liver Pill”*Origin:* Zhang Jiebing, 1624.

| | | |
|---------------------------------|------|----|
| Bupleurum <i>Chai Hu</i> | 25 % | BB |
| Cyperus <i>Xiang Fu</i> | 19 | G |
| Citrus Aurantium <i>Zhi Shi</i> | 19 | G |
| Paeonia <i>Bai Shao</i> | 19 | AB |
| Ligusticum <i>Chuan Xiong</i> | 12 | K |
| Glycyrrhiza <i>Gan Cao</i> | 6 | AA |

Available As:

BUPLEURUM & CYPERUS COMBINATION (EG)
 BUPLEURUM SOOTHE-LIVER TEAPILLS (PF/7A2-10)
 CHAI HU SHU GAN WAN (HT/7A2-11)

2) Stagnation of Liver Qi with Deficiency of Blood**XIAO YAO WAN**

Minshan Brand, Lanzhou Foci Herb Factory; Lanzhou

xiao yao wan • “Free and Relaxed Pills”*Origin:* Chen Shiwen, et al, 1080.

| | | |
|--------------------------|--------|----|
| Bupleurum <i>Chai Hu</i> | 14.3 % | BB |
| Angelica <i>Dang Gui</i> | 14.3 | AB |

| | | |
|-------------------------------|------|----|
| <i>Atractylodes Bai Zhu</i> | 14.3 | AA |
| <i>Paeonia Bai Shao</i> | 14.3 | AB |
| <i>Poria Fu Ling</i> | 14.3 | FC |
| <i>Zingiberis Sheng Jiang</i> | 14.3 | E |
| <i>Glycyrrhiza Gan Cao</i> | 11.3 | AA |
| <i>Mentha Bo He</i> | 2.9 | BB |

3) Stagnation of liver qi affecting spleen

Distension of chest or hypochondria, nausea, poor appetite, low fever, tense pulse, thin white tongue coat.

SHU GAN JIE YU FANG

| | | |
|--------------------------------|-------|----|
| <i>Taraxacum Pu Gong Ying</i> | 15 g. | DD |
| <i>Angelica Dang Gui</i> | 10 | AB |
| <i>Paeonia Bai Shao</i> | 10 | AB |
| <i>Ligusticum Chuan Xiong</i> | 10 | K |
| <i>Bupleurum Chai Hu</i> | 10 | BB |
| <i>Curcuma Yu Jin</i> | 10 | K |
| <i>Corydalis Yan Hus Suo</i> | 10 | K |
| <i>Melia Chuan Lian Zi</i> | 10 | G |
| <i>Citrus Ju He</i> | 10 | G |
| <i>Leonurus Yi Mu Cao</i> | 10 | K |
| <i>Citrus Aurantium Zhi Ke</i> | 8 | G |

Patent Medicine:

SHU GAN WAN

4) Deficiency of spleen qi

5A2-13

SHEN LING BAI ZHU PIAN

Plum Flower Brand

shen ling bai zhu pian • “Ginseng, Poria, Atractylodes Tablets”

Origin: Chen Shiwen, et al, 1080. Modified by Wang Ang, 1682.

| | | |
|-----------------------------|------|----|
| <i>Codonopsis Dang Shen</i> | 15 % | AA |
| <i>Poria Fu Ling</i> | 15 | FC |

| | | |
|--------------------------------|----|----|
| <i>Atractylodes Bai Zhu</i> | 15 | AA |
| <i>Dioscorea Shan Yao</i> | 15 | AA |
| <i>Coix Yi Yi Ren</i> | 9 | FC |
| <i>Dolichoris Bai Bian Dou</i> | 9 | DF |
| <i>Nelumbo Lian Zi</i> | 6 | L |
| <i>Platycodon Jie Geng</i> | 6 | CA |
| <i>Amomum Sha Ren</i> | 3 | FB |
| <i>Citrus Chen Pi</i> | 3 | G |

Available As:

SHEN LING (HC)

SHEN LING BAI ZHU PIAN (PF/5A2-13)

SHEN LING BAI ZHU WAN (ABSORPTION & DIGESTION PILL) (BE/5A2-15)

SHEN LING BAI ZHU WAN (HT/5A2-14)

SHEN LING SPLEEN SUPPORT (K)

5) Deficiency of spleen qi with accumulation of damp

Vomiting, diarrhea, strong nausea, distension of chest or abdomen

Frequent urination

WEI LING TANG

| | | |
|------------------------------|-------|----|
| <i>Atractylodes Cang Zhu</i> | 10 g. | FB |
| <i>Poria Fu Ling</i> | 10 | FC |
| <i>Alisma Ze Xie</i> | 10 | FC |
| <i>Polyporus Zhu Ling</i> | 10 | FC |
| <i>Magnolia Hou Po</i> | 10 | FB |
| <i>Glycyrrhiza Gan Cao</i> | 6 | AA |
| <i>Cinnamomum Gui Zhi</i> | 5 | BA |

6) Deficiency of spleen qi with some damp

Dizzy, weak, poor appetite, distension or discomfort in epigastrium, loose stools,
Pale tongue with slightly gray coat weak and thin pulse

5A1-5

XIANG SHA LIU JUN ZI WAN

Herbal Times Brand

xiang sha liu jun zi wan • “Aucklandia, Amomum, Six Gentlemen Pill”

Origin: Wang Ang, 1682 and Zhang Luxuan, 1695.

| | | |
|-------------------------------|--------|----|
| <i>Poria Fu Ling</i> | 21.5 % | FC |
| <i>Atractylodes Bai Zhu</i> | 21.5 | AA |
| <i>Pinellia Ban Xia</i> | 10.8 | CA |
| <i>Codonopsis Dang Shen</i> | 10.8 | AA |
| <i>Amomum Sha Ren</i> | 8.6 | FB |
| <i>Citrus Chen Pi</i> | 8.6 | G |
| <i>Glycyrrhiza Gan Cao</i> | 7.5 | AA |
| <i>Aucklandia Mu Xiang</i> | 7.5 | G |
| <i>Zizyphus Jujube Da Zao</i> | 2.1 | AA |
| <i>Zingiberis Sheng Jiang</i> | 1.1 | BA |

Also Available As:

APLOTAXIS-AMOMUM PILLS - XIANG SHA LIU JUN WAN (MS/5A1-7)

PROSPEROUS FARMER (K) *

SAUSSUREA & CARDAMON COMBINATION (EG)

SIX GENTLEMEN PLUS TEAPILLS (PF/5A1-6)

7) Stagnation of qi and blood

YI HUA TANG

| | | |
|-------------------------------|-------|----|
| <i>Astragalus Huang Qi</i> | 30 g. | AA |
| <i>Salvia Dan Shen</i> | 25 | K |
| <i>Angelica Dang Gui</i> | 15 | AB |
| <i>Carthamus Hong Hua</i> | 15 | K |
| <i>Ginseng Ren Shen</i> | 15 | AA |
| <i>Atractylodes Bai Zhu</i> | 15 | AA |
| <i>Chimneys Gui Ban</i> | 15 | AD |
| <i>Polygonatum Huang Jing</i> | 15 | AA |
| <i>Curcuma Yu Jin</i> | 12 | K |
| <i>Glycyrrhiza Gan Cao</i> | 6 | AA |

With signs of damp-heat, add:

| | |
|------------------------------|----|
| <i>Bupleurum Chai Hu</i> | BB |
| <i>Gentiana Long Dan Cao</i> | DA |
| <i>Scutellaria Huang Qin</i> | DB |

With deficiency of *yin* and blood add:

| | |
|-------------------------------|----|
| <i>Rehmannia Shu Di Huang</i> | DC |
| <i>Lycium Gou Qi Zi</i> | AB |
| <i>Polygonum He Shou Wu</i> | AB |

PATENT MEDICINES:

Combine

Si Jun Zi Tang with *Xue Fu Zhu Yu Tang*

8A1-1

XUE FU ZHU YU TANG WAN**Stasis in the Mansion of Blood**

Plum Flower Brand

xue fu zhu yu tang • “Blood Mansion Drive Out Stasis Decoction”*Origin:* Wang Qingren, 1830.

| | | |
|---------------------------------|------|----|
| Persica <i>Tao Ren</i> | 16 % | K |
| Carthamus <i>Hong Hua</i> | 12 | K |
| Angelica <i>Dang Gui</i> | 12 | AB |
| Rehmannia <i>Sheng Di Huang</i> | 12 | DC |
| Achyranthes <i>Niu Xi</i> | 12 | K |
| Paeonia <i>Chi Shao</i> | 8 | K |
| Aurantium <i>Zhi Ke</i> | 8 | G |
| Ligusticum <i>Chuan Xiong</i> | 6 | K |
| Platycodon <i>Jie Geng</i> | 6 | CA |
| Bupleurum <i>Chai Hu</i> | 4 | BB |
| Glycyrrhiza <i>Gan Cao</i> | 4 | AA |

Yin* deficiency type:**Xiao Yao Yi Guan Jian*****(Combine *Xiao Yao San* with *Yi Guan Jin*)**

7A1-1

YI GUAN JIAN WAN**Linking Decoction Teapills**

Plum Flower Brand

yi guan jian wan

“Single Linking Water-Decoction Pill”

Origin: Wei Zhixiu, 1770.

| | | |
|---------------------------------|------|----|
| <i>Rehmannia Sheng Di Huang</i> | 38 % | DC |
| <i>Lycium Gou Qi Zi</i> | 17 | AB |
| <i>Glehnia Bei Sha Shen</i> | 13 | AD |
| <i>Ophiopogon Mai Men Dong</i> | 13 | AD |
| <i>Angelica Dang Gui</i> | 13 | AB |
| <i>Melia Chuan Lian Zi</i> | 6 | G |

Complete formula:**XIAO YAO YI GUAN JIAN**

| | | |
|---------------------------------|-------|-----|
| <i>Rehmannia Sheng Di Huang</i> | 12 g. | DC |
| <i>Atractylodes Bai Zhu</i> | 9 | AA |
| <i>Bupleurum Chai Hu</i> | 9 | BB |
| <i>Alisma Ze Xie</i> | 9 | FC* |
| <i>Lycium Gou Qi Zi</i> | 9 | AB |
| <i>Melia Chuan Lian Zi</i> | 9 | G |
| <i>Ophiopogon Mai Men Dong</i> | 9 | AD |
| <i>Paeonia Bai Shao</i> | 9 | AB |
| <i>Poria Fu Ling</i> | 9 | FC |
| <i>Moutan Mu Dan Pi</i> | 9 | DC* |
| <i>Gardenia Zhi Zi</i> | 9 | DA* |
| <i>Paeonia Chi Shao</i> | 9 | K* |
| <i>Angelica Dang Gui</i> | 6 | AB |
| <i>Citrus Qing Pi</i> | 4.5 | G* |
| <i>Citrus Chen Pi</i> | 4.5 | G* |
| <i>Glycyrrhiza Gan Cao</i> | 4.,5 | AA |

Remove:

| | | |
|-------------------------------|--|----|
| <i>Mentha Bo He</i> | | BB |
| <i>Zingiberis Sheng Jiang</i> | | BA |
| <i>Glehnia Bei Sha Shen</i> | | AD |

yi guan jian

GRACIOUS POWER (K)

LINKING DECOCTION TEAPILLS (PF/ 7A1-1)

LINKING FORMULA (EG)

CHINESE HERBAL PRODUCTS FOR HEPATITIS C:

BUPLEURUM GARDENIA TABLETS (SF)
 ECLIPTA TABLETS (SF)
 ECLIPTEX (HC)
 GAN BIN ZHI BEN WAN (HEPATI-CARE PILL) (BE/7C2-1)
 HEPATOPLEX ONE (HC)
 HEPATOPLEX TWO (HC)
 LIVER C FORMULA (GF)
 LIVER DTX (EC)
 SALVIA/LIGUSTRUM TABLETS (SF)

LIVER C FORMULA

Golden Flower

| | | |
|----------------------------------------|-----|----|
| <i>Astragalus Huang Qi</i> | 8 % | AA |
| <i>Ganoderma Ling Zhi</i> | 9 | AA |
| <i>Lycium Gou Qi Zi</i> | 8 | AB |
| <i>Polygonum He Shou Wu</i> | 7 | AB |
| <i>Bupleurum Chai Hu</i> | 8 | BB |
| <i>Gardenia Zhi Zi</i> | 8 | DA |
| <i>Oldenlandia Bai Hua She She Cao</i> | 8 | DD |
| <i>Artemisia Yin Chen Hao</i> | 8 | DE |
| <i>Melia Chuan Lian Zi</i> | 7 | G |
| <i>Curcuma Yu Jin</i> | 7 | K |
| <i>Paeonia Chi Shao</i> | 8 | K |
| <i>Salvia Dan Shen</i> | 8 | K |
| <i>Schisandra Wu Wei Zi</i> | 6 | L |

ECLIPTA TABLETS

Seven Forest

| | | |
|-------------------------------|------|----|
| <i>Eclipta Han Lian Cao</i> | 14 % | AD |
| <i>Ligustrum Nü Zhen Zi</i> | 7 | AD |
| <i>Lycium Gou Qi Zi</i> | 7 | AB |
| <i>Artemesia Yin Chen Hao</i> | 7 | FC |
| <i>Bupleurum Chai Hu</i> | 7 | BB |

| | | |
|---------------------------------|---|----|
| Salvia <i>Dan Shen</i> | 7 | K |
| Curcuma <i>Yu Jin</i> | 7 | K |
| Polygonum <i>Hu Zhang</i> | 7 | DB |
| Scutellaria <i>Ban Zhi Lian</i> | 7 | DB |
| Imperata <i>Bai Mao Gen</i> | 7 | J |
| Poria <i>Fu Ling</i> | 6 | FC |
| Atractylodes <i>Bai Zhu</i> | 6 | AA |
| Hordeum <i>Mai Ya</i> | 6 | H |
| Glycyrrhiza <i>Gan Cao</i> | 5 | AA |

ECLIPTEX

Health Concerns

| | | |
|-----------------------------|--|----|
| Eclipta <i>Han Lian Cao</i> | | AD |
| Sylibum (Milk Thistle) | | |
| Curcuma <i>Yu Jin</i> | | K |
| Salvia <i>Dan Shen</i> | | K |
| Lycium <i>Gou Qi Zi</i> | | AB |
| Ligustrum <i>Nu Zhen Zi</i> | | AD |
| Bupleurum <i>Chai Hu</i> | | BB |
| Schisandra <i>Wu Wei Zi</i> | | L |
| Notoginseng <i>Tian Qi</i> | | J |
| Angelica <i>Dang Gui</i> | | AB |
| Plantago <i>Che Qian Zi</i> | | FC |
| Glycyrrhiza <i>Gan Cao</i> | | AA |

7C2-1

GAN BIN ZHI BEN WAN (HEPATI-CARE PILL)

Bio Essence Brand

gan bing zhi ben wan • “Liver Illness Control (the) Root Pills”

| | | |
|-------------------------------|------|----|
| Salvia <i>Dan Shen</i> | 12 % | K |
| Desmodium <i>Jin Qian Cao</i> | 12 | FC |
| Artemisia <i>Yin Chen Hao</i> | 12 | FC |
| Astragalus <i>Huang Qi</i> | 9 | AA |

| | | |
|----------------------------------------|---|----|
| Polygonum <i>He Shou Wu</i> | 6 | AB |
| Paeonia <i>Chi Shao</i> | 6 | K |
| Curcuma <i>Yu Jin</i> | 6 | K |
| Polygonum <i>Hu Zhang</i> | 6 | DB |
| Oldenlandia <i>Bai Hua She She Cao</i> | 6 | DD |
| Scutellaria <i>Ban Zhi Lian</i> | 5 | DB |
| Scutellaria <i>Huang Qin</i> | 5 | DB |
| Rhodiola <i>Hong Jing Tian</i> | 5 | |
| Glycyrrhiza <i>Gan Cao</i> | 5 | AA |
| Citrus <i>Qing Pi</i> | 5 | G |

HERPES SIMPLEX

MODIFIED XIN YI QING FEI YIN

| | | |
|------------------------------|----|----|
| Gypsum <i>Shi Gao</i> | 15 | DA |
| Coix <i>Yi Yi Ren</i> | 15 | FC |
| Magnolia <i>Xin Yi Hua</i> | 9 | BA |
| Scutellaria <i>Huang Qin</i> | 9 | DB |
| Gardenia <i>Zhi Zi</i> | 9 | DA |
| Eriobotrya <i>Pi Pa Ye</i> | 9 | CC |
| Anemarrhena <i>Zhi Mu</i> | 9 | DA |
| Lilium <i>Bai He</i> | 9 | AD |
| Armenica <i>Xing Ren</i> | 9 | CC |
| Amomum <i>Sha Ren</i> | 9 | FB |
| Glycyrrhiza <i>Gan Cao</i> | 6 | AA |

7C1-1

LONGDAN XIEGAN WAN

Minshan Brand, Lanzhou Foci Herb Factory; Lanzhou

long dan xie gan wan • “Gentiana Drain Liver Pills”

Origin: Li Ao (Li Dong Yuan) 1336, and later, Wang Ang, 1682 and Wu Qian et al, 1742.

| | | |
|-------------------------------|--------|----|
| Gentiana <i>Long Dan Cao</i> | 14.3 % | DB |
| Bupleurum <i>Chai Hu</i> | 14.3 | BB |
| Alisma <i>Ze Xie</i> | 14.3 | FC |
| Rehmannia <i>Shu Di Huang</i> | 14.3 | AB |
| Scutellaria <i>Huang Qin</i> | 7.1 | DB |
| Gardenia <i>Zhi Zi</i> | 7.1 | DA |
| Akebia <i>Mu Tong</i> | 7.1 | FC |
| Plantago <i>Che Qian Zi</i> | 7.1 | FC |
| Angelica <i>Dang Gui</i> | 7.1 | AB |
| Glycyrrhiza <i>Gan Cao</i> | 7.1 | AA |

HERPES SIMPLEX FORMULA

Jake Paul Fratkin, OMD

| | | |
|---------------------------------|-------|----|
| Rehmannia <i>Sheng Di Huang</i> | 13 g. | DC |
|---------------------------------|-------|----|

Jake Paul Fratkin, OMD, L.Ac.

| | | |
|--------------------------------|----|----|
| <i>Astragalus Huang Qi</i> | 12 | AA |
| <i>Isatis Ban Lang Gen</i> | 9 | DD |
| <i>Angelica Dang Gui</i> | 8 | AB |
| <i>Phellodendron Huang Bai</i> | 8 | DB |
| <i>Sophora Ku Shen</i> | 8 | DB |
| <i>Plantago Che Qian Zi</i> | 8 | FC |
| <i>Paeonia Bai Shao</i> | 7 | AB |
| <i>Bupleurum Chai Hu</i> | 7 | BB |
| <i>Scutellaria Huang Qin</i> | 7 | DB |
| <i>Alisma Ze Xie</i> | 7 | FC |
| <i>Glycyrrhiza Gan Cao</i> | 6 | AA |

EXTERNAL TREATMENTS:

1) HUANG BAI SAN

Origin: Hospital of Shandong College of TCM

| | | |
|--------------------------------|-------|----|
| <i>Phellodendron Huang Bai</i> | 30 g. | DB |
| <i>Coptis Huang Lian</i> | 3 | DB |
| <i>Aloe Lu Hui</i> | 6 | PA |
| <i>Atractylodes Cang Zhu</i> | 9 | FB |
| <i>Talcum Hua Shi</i> | 9 | FB |
| <i>Borneol Bing Pian</i> | .6 | O |

Powder, and mix with sesame oil and apply. Or decoct and apply with wash cloth.

2) XING HUANG SAN

| | |
|--------------------------------|----|
| <i>Houttuynia Yu Xing Cao</i> | DD |
| <i>Phellodendron Huang Bai</i> | DB |
| <i>Sanguisorba Di Yu</i> | J |
| <i>Portulaca Ma Chi Xian</i> | DD |

Equal parts, decoct and apply

Or powder, and mix with sesame oil and apply.

HERPES ZOSTER

LONG DAN XIE GAN TANG, MODIFIED

“Gentiana Purge Liver Decoction”

| | | |
|---------------------------------|-------------|----|
| <i>Alisma Ze Xie</i> | 12 g. | FC |
| <i>Gentiana Long Dan Cao</i> | 6 | DB |
| <i>Scutellaria Huang Qin</i> | 9 | DB |
| <i>Gardenia Zhi Zi</i> | 9 | DA |
| <i>Akebia Mu Tong</i> | 9 | FC |
| <i>Plantago Che Qian Zi</i> | 9 (wrapped) | FC |
| <i>Rehmannia Sheng Di Huang</i> | 9 | DC |
| <i>Bupleurum Chai Hu</i> | 6 | BB |
| <i>Glycyrrhiza Gan Cao</i> | 6 | AA |
| <i>Angelica Dang Gui</i> | 3 | AB |
| plus: | | |
| <i>Lonicera Jin Yin Hua</i> | 15 | DD |
| <i>Forsythia Lian Qiao</i> | 15 | DD |
| <i>Paeonia Chi Shao</i> | 9 | K |
| <i>Corydalis Yan Hu Suo</i> | 9 | K |

Modifications

Rash occurring on the lumbar and costal regions, add:

| | | |
|----------------------------|---|----|
| <i>Isatis Ban Lang Gen</i> | 9 | DD |
| <i>Paris Zao Xiu</i> | 6 | DD |
| <i>Lithosperm Zi Cao</i> | 6 | DC |

Rash occurring on the face, add:

| | | |
|--------------------------------|---|----|
| <i>Arctium Niu Bang Zi</i> | 9 | BB |
| <i>Chrysanthemum Ye Ju Hua</i> | 9 | BB |

Rash occurring on the abdomen and lower limbs, add:

| | | |
|--------------------------------|---|----|
| <i>Atractylodes Cang Zhu</i> | 9 | FB |
| <i>Phellodendron Huang Bai</i> | 9 | DB |

In cases where pain is not alleviated with disappearance of the rash, treatment is directed to soothe the liver, regulate *qi*, invigorate blood, and relieve pain. Use:

XIAO YAO SAN

“Free and Relaxed Powder”

| | | |
|--------------------------------|---------------|----|
| <i>Paeonia Bai Shao</i> | 12 g. | AB |
| <i>Bupleurum Chai Hu</i> | 9 | BB |
| <i>Angelica Dang Gui</i> | 9 | AB |
| <i>Atractylodes Bai Zhu</i> | 9 | AA |
| <i>Poria Fu Ling</i> | 9 | FC |
| <i>Glycyrrhiza Zhi Gan Cao</i> | 6 | AA |
| <i>Mentha Bo He</i> | 3 (abbrev.) | BB |
| <i>Zingiberis Sheng Jiang</i> | 3 g. | BA |
| plus: | | |
| <i>Margarita Zhen Zhu Mu</i> | 15 (extended) | N |
| <i>Magnetite Ci Shi</i> | 15 (extended) | N |
| <i>Salvia Dan Shen</i> | 12 | K |
| <i>Corydalis Yan Huo Suo</i> | 9 | K |

OTHER FORMULAS

Acute phase:

1. Overabundance of heat, early stage.
Erythema with clusters of eruptions.
Pain, burning, and itching
T: red
P: taut and rapid

LIANG XUE QING GAN TANG

| | | |
|---------------------------------|-------|----|
| <i>Rehmannia Sheng Di Huang</i> | 15 g. | DC |
| <i>Paeonia Chi Shao</i> | 15 | K |
| <i>Forsythia Lian Qiao</i> | 15 | DD |
| <i>Lonicera Jin Yin Hua</i> | 15 | DD |
| <i>Moutan Mu Dan Pi</i> | 12 | DC |
| <i>Bupleurum Chai Hu</i> | 9 | BB |
| <i>Ligusticum Chuan Xiong</i> | 9 | K |

| | | |
|------------------------------|---|----|
| Scutellaria <i>Huang Qin</i> | 9 | DB |
| Gardenia <i>Zhi Zi</i> | 9 | DA |
| Gentiana <i>Long Dan Cao</i> | 9 | DB |
| Lithospermum <i>Zi Cao</i> | 9 | DC |
| Citrus <i>Qing Pi</i> | 9 | G |
| Glycyrrhiza <i>Gan Cao</i> | 6 | AA |

MODIFICATIONS:

Severe pain

| | |
|---------------------------|---|
| Carthamus <i>Hong Hua</i> | K |
| Persica <i>Tao Ren</i> | K |

Itching

| | |
|--------------------------------|----|
| Dictamnus <i>Bai Xian Pi</i> | DD |
| Ledebouriella <i>Fang Feng</i> | BA |

For erosion of the vesicles:**YI REN CHI DOU TANG**

| | | |
|---------------------------------|-------|----|
| Coix <i>Yi Yi Ren</i> | 15 g. | FC |
| Phaseolus <i>Lu Dou</i> | 15 | DF |
| Poria <i>Fu Ling</i> | 12 | FC |
| Lonicera <i>Jin Yin Hua</i> | 12 | DD |
| Kochia <i>Di Fu Zi</i> | 12 | FC |
| Rehmannia <i>Sheng Di Huang</i> | 9 | DC |
| Plantago <i>Che Qian Zi</i> | 9 | FC |
| Paeonia <i>Chi Shao</i> | 9 | K |
| Portulaca <i>Ma Chi Xian</i> | 9 | DD |
| Glycyrrhiza <i>Gan Cao</i> | 6 | AA |

For severe exudation:

| | | |
|--------------------------------|----|----|
| Lophantherum <i>Dan Zhu Ye</i> | 10 | DA |
| Eupatorium <i>Pei Lan</i> | 10 | FB |

To heal ulcerations

| | | |
|-----------------------------|----|----|
| Astragalus <i>Huang Qi</i> | 15 | AA |
| Codonopsis <i>Dang Shen</i> | 10 | AA |

Dioscorea *Shan Yao* 30 AA

Severe damp heat with pathogenic fire:

YIN QIAO SAN HUANG TANG

| | | |
|--------------------------------|-------|----|
| Magnetite <i>Ci Shi</i> | 30 g. | N |
| Hematite <i>Dai Zhe Shi</i> | 30 | N |
| Lonicera <i>Jin Yin Hua</i> | 15 | DD |
| Lithospermum <i>Zi Cao</i> | 15 | DC |
| Isatis <i>Ban Lan Gen</i> | 15 | DD |
| Scutellaria <i>Huang Qin</i> | 10 | DB |
| Moutan <i>Mu Dan Pi</i> | 10 | DC |
| Phellodendron <i>Huang Bai</i> | 10 | DB |
| Coptis <i>Huang Lian</i> | 3 | DB |

Pathogenic fire in the blood

Burning pain, constipation, red tongue, tense rapid pulse:

DA QING LIAN QIAO TANG

| | | |
|---------------------------------|----------|----|
| Rehmannia <i>Sheng Di Huang</i> | 12-15 g. | DC |
| Forsythia <i>Lian Qiao</i> | 12 | DD |
| Lonicera <i>Jin Yin Hua</i> | 12 | DD |
| Isatis <i>Ban Lan Gen</i> | 9 | DD |
| Scutellaria <i>Huang Qin</i> | 9 | DB |
| Dryopteris <i>Guan Zhong</i> | 9 | O |
| Portulaca <i>Ma Chi Xian</i> | 6 | DD |
| Moutan <i>Mu Dan Pi</i> | 6 | DC |
| Paeonia <i>Chi Shao</i> | 6 | K |

POST-HERPETIC NEURALGIA

Stagnation of qi and blood:

JIN LING ZI SAN JIA WEI FANG

| | | |
|------------------------------|-------|----|
| <i>Paeonia Bai Shao</i> | 12 g. | AB |
| <i>Angelica Dang Gui</i> | 12 | AB |
| <i>Luffa Si Gua Luo</i> | 10 | K |
| <i>Melia Chuan Lian Zi</i> | 9 | G |
| <i>Zedoaria E Zhu</i> | 9 | K |
| <i>Lithospermum Zi Cao</i> | 9 | DD |
| <i>Corydalis Yan Hu Suo</i> | 6-9 | K |
| <i>Bupleurum Chai Hu</i> | 6 | BB |
| <i>Citrus Qing Pi</i> | 6 | G |
| <i>Carthamus Hong Hua</i> | 6 | K |
| <i>Trichosanthes Gua Lou</i> | 6 | CB |
| <i>Glycyrrhiza Gan Cao</i> | 4 | AA |

Severe pain, choose from:

| | | |
|----------------------------------|--|----|
| <i>Ostrea Mu Li</i> | | N |
| <i>Magnetite Ci Shi</i> | | N |
| <i>Margaritifera Zhen Zhu Mu</i> | | N |
| <i>Boswellia Ru Xiang</i> | | K |
| <i>Curcuma Yu Jin</i> | | K |
| <i>Angelica Bai Zhi</i> | | BA |

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CODES FOR THE HERB CATEGORIES

| | |
|----|-----------------------------------------------|
| AA | TONIFY <i>QI</i> |
| AB | TONIFY BLOOD |
| AC | TONIFY (KIDNEY) <i>YANG</i> |
| AD | TONIFY <i>YIN</i> |
| BA | WARM-PUNGENT RELEASE EXTERIOR |
| BB | COOL-PUNGENT RELEASE EXTERIOR |
| CA | TRANSFORM PHLEGM-DAMP |
| CB | TRANSFORM PHLEGM-HEAT |
| CC | RELIEVE COUGH & ASTHMA |
| DA | CLEAR HEAT AND DRAIN FIRE |
| DB | CLEAR HEAT AND DRY DAMPNESS |
| DC | CLEAR HEAT AND COOL BLOOD |
| DD | CLEAR HEAT AND RESOLVE TOXINS |
| DE | CLEAR HEAT DUE TO <i>YIN</i> DEFICIENCY |
| DF | CLEAR AND RELIEVE SUMMER HEAT |
| E | WARM THE INTERIOR (SPLEEN <i>YANG</i>) |
| FA | DISPEL WIND AND DAMPNESS |
| FB | TRANSFORM (SPLEEN) DAMPNESS |
| FC | DRAIN DAMPNESS (DIURETICS) |
| G | REGULATE (STAGNANT) <i>QI</i> |
| H | RELIEVE FOOD STASIS |
| J | STOP BLEEDING |
| K | INVIGORATE BLOOD AND BREAK BLOOD STASIS |
| L | STABILIZE AND BIND (ASTRINGENTS) |
| M | OPEN ORIFICES (SENSES) |
| N | CALM <i>SHEN</i> (SPIRIT) |
| O | EXTINGUISH (ENDOGENOUS) WIND AND STOP TREMORS |
| PA | PURGATIVES |
| PB | LUBRICATING PURGATIVES |
| PC | DIURETIC PURGATIVES |
| Q | EXPEL PARASITES |
| R | EXTERNAL APPLICATION |